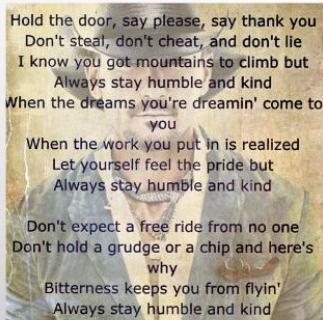
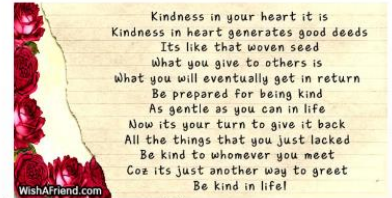


FRIDAY 22ND MAY

Key questions:

- What are our beliefs/values/principles for living?
- How can we express them/get our message across to others?

Look at these inspirational messages from songs and poems. What do you think of them? Are they true? Are they good ways of living?



Kindness is like first love
It can change a life
With a miracle and a promise
To wipe away sorrow and strife

*Those who think kindness is weakness
cannot accept a helping hand
and do not wish to return favors;
they keep to themselves and go about their day
just to avoid interaction,
perhaps to avoid feeling.*

*But kindness is a delicate thing that wraps
around like a blanket and secures you safely,
building a barrier for the
remainder of the day.*

I'm starting with the
man in the mirror.
I'm asking him to
change his ways.
And no message
could have been any
clearer. If you want
to make the world a
better place take a
look at yourself, and
then make a change.

TASK!

Remember the song you listened to last week? Think about a special message you want to convey to your class. It might be a poem of encouragement, It might be a message about being safe during this extraordinary time. It might be a song about peace or it might be a poem about your feelings at this time.

You can write it on word or paper and take a photo, or any creative way that we can keep and show to our class when we see each other again.